



Garforth, Aberford & Micklefield
Extended Services

Garforth Cluster Holiday Programme 2017

Summer Holidays 2017

BOOKING FORM

PLEASE READ THE FOLLOWING PAGES
CAREFULLY AS FORMS THAT ARE
INCORRECTLY COMPLETED WILL NOT
BE ACCEPTED.



31st July –
17th August

What to do:

1. Complete both the parental & registration forms
2. Tick the activities you want on the booking form
3. Make cheques payable to '**Garforth Academy**
No bookings will be accepted without payment;
4. Return the form and payment to :-
Summer Holiday programme 2017
C/o reception Desk,
Garforth Academy
Lidgett Lane, Garforth
LS25 1LJ

****PLEASE NOTE****

THE DEADLINE FOR THE RETURN OF FORMS
Wednesday 19th July

PLEASE NOTE

**PLACES WILL BE ALLOCATED ON A FIRST COME FIRST SERVED
BASIS, SO GET YOUR FORMS IN FAST!!**

**You will be contacted by Thursday 20th July if activities are full and
your child has not been allocated a place.**

Talking Teens 12-18 years

Information for parent/carers

Teenagers are rewarding, stimulating and fun, but being a parent can be stressful and challenging.

The Talking Teens Parent Group helps deal with those challenges so you can have a calmer, happier family life.

What does it cover?

Over the 4 week programme you will look at lots of different topics, including:

Being a parent of a teenager; The role of parents for teenagers; Responding to difficult feelings

Understanding your teenager; Understanding teenage development; Parenting styles; Praise and criticism

Communicating with your teenager; Talking and listening; Handling difficult situations

Managing conflict; Rules and boundaries; Problem solving

For more information about the programme contact Nicky Collins or Paula Green on 0113 2127175/2127145

For further up-to-date information about activities and events in your area, go online to:
<http://www.breezeleeds.org>

WEEK ONE

YEAR 6 ONLY

Cost £

Tuesday 1st August

AM	Angels & Butterflies	()	£10
----	----------------------	-----	-----

Wednesday 2nd August

AM	Activity Day Herd Farm	()	£10
----	------------------------	-----	-----

Thursday 3rd August

AM	Angels & Butterflies	()	£5.00
----	----------------------	-----	-------

WEEK TWO

Cost £

Tuesday 8th August

AM Family Trip to Skegness £10 per family

- One booking form per family
Maximum 2 adults 3 children per family.

Name of adult 1Name of Child 2.....
Name of adult 2..... Name of child 3.....

Thursday 10th August

AM Alton Towers () £25.00
(Current Year 7 and above only)

WEEK THREE

Cost £

Tuesday 15th August

AM Family Trip to Bridlington. £10 per family

- One booking form per family
Maximum 2 adults 3 children per family.

Name of adult 1.....Name of child 2.....

Name of adult 2..... Name of child 3.....

Thursday 17th August

AM Alton Towers () £25.00

(Current Year 7 and above only)

The Nurturing Programme 3-18 years

**Information
for parents
and carers**

How to get the best out of family life

What is the Nurturing Programme?

Children are rewarding, stimulating and fun, but looking after them can be stressful and challenging.

The Nurturing Programme helps deal with those challenges so that you can have a calmer, happier life.

A tried and tested programme, it helps us think about what we do, why we do it and how it makes us feel.

What does it cover?

Over the 10-week Programme, you will look at lots of different topics, including:

Understanding why children behave as they do

Recognising the feelings behind behaviour (ours and theirs)

Exploring different approaches to discipline

Finding ways to develop co-operation and self-discipline in children

Learning the importance of looking after ourselves

**For more information about the programme
contact Nicky Collins or Paula Greene on
0113 2127175/2127145**

Registration Form

Student's Name: _____
Student's Date of Birth: _____
Name of Parent/Guardian: _____
Address: _____

Post Code: _____ Home Tel No: _____
Which school do you attend? _____ Class: _____

Medical Information

Name of Doctor: _____
Address: _____

Post Code: _____ Phone Number: _____
Does the student have any behavioural/medical/allergies or other conditions we need to know about? **Y/N**
If Yes, please let us know what they are: _____
Has the student had a tetanus injection in the last 5 yrs? **Y/N**
Will the student be bringing any medication with him/her? **Y/N**
If yes, please tell us what this is: _____

Emergency Contact Details

Please give the contact details of two people we can contact about the student if we need to. Please note, one contact **MUST** be contactable at all times in case of emergency.

1. Name _____ Address _____ _____ Tel: _____ Mobile: _____ Relationship _____ to student _____	1. Name _____ Address _____ _____ Tel: _____ Mobile: _____ Relationship _____ to student _____
--	--

You can contact us on:

0113 2127127 (during school hours) 0113 2127146 (Term Time Only) Mobile 07931692103 email, elliotts2@garforthacademy.org.uk

Parental Agreement

I (please print your name in capitals).....

understand the need for (Student's name).....

to behave appropriately during any activities. I understand that should he/she not do so, I may be asked to come and take him/her home and he/she may not be allowed to attend any further activities during the scheme.

DATA PROTECTION ACT: We will be keeping all information in accordance with the data Protection Act. This means we will not use for any purpose outside the Holiday Programme without your permission.

For promotional purpose we may be taking photographs during the programme. Are you happy for your child to bincluded?

Y / N (please delete as appropriate).

Signed.....**Date**.....

Young People's Emotional Wellbeing and Mental Health

All children and young people experience anger, anxiety and other difficult feelings as a part of growing up. But when these feelings start to get in the way of everyday life, it might be time to think about getting some support.

Mindmate website, www.mindmate.org.uk

Lots of useful information and links to relevant services for parent/carer and young people